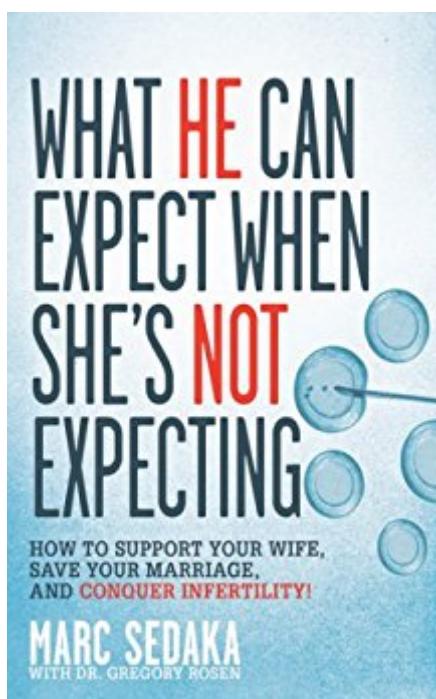


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# What He Can Expect When She's Not Expecting: How To Support Your Wife, Save Your Marriage, And Conquer Infertility!



## Synopsis

Mark Sedaka stood by while he and his wife endured endless rounds of drug therapies, sixteen artificial inseminations, ten invitro fertilizations, three miscarriages, and, finally, a gestational surrogate ("womb for rent") who carried their twin girls to term. He was as supportive and loving as he could be, but he really wished he'd had a book like *What He Can Expect When She's Not Expecting* during the process. Most books about dealing with infertility are geared toward women, leaving the man to his own devices when it comes to comfort and encouragement (never a good idea). With the help of his own infertility doctor, Sedaka provides straightforward guy-friendly advice on situations such as: What questions you should ask at the consultations, how to help rather than annoy, what kinds of tests you and your wife should expect, how to console a wife who appears inconsolable, and how to enjoy procreation sex. Sedaka's accessible, empathetic voice, combined with the fact that he experienced everything he writes about, makes this a must-have book for any infertile couple.

## Book Information

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## Customer Reviews

And no one is more impressed then I am! Great read for the infertile husband in your life!

For those of you going through the struggle, it can be difficult. This gives some light at the end of the tunnel and had me laughing the whole way through. Definitely for the guys who need to have their funny bone tickled.

I bought this book for my husband after my second miscarriage as we began our journey with infertility. It really helped him understand what I was going through in a way he could relate to. I would highly recommend for anyone (spouse, partner, or even friend) who loves someone dealing with infertility.

This book is definitely written in a keeping it real tone. I am a woman who bought it trying to understand why my husband acts so crazy and unsupportive with infertility issues. It just educated me that men are just different. I am unsure if my hubby will ever read it.

As far as fertility books for guys go this is the 1. Awesome sense of humor. I highly recommend it.

Although I am an MD, I am first and foremost a husband struggling through this world of infertility with my loving wife. It is especially hard on us being that I have kids from a prior marriage and my wife is only 34. Marc's book is poignant, accurate and spoken with the honesty of someone who has been through everything my wife and I are going through. Having to face the possibility of yet another negative attempt, I wanted to show my wife that I really do care and stand with her. Believe me, unless you go through it, it is not that simple. The pain doesn't all go away with a hug, sorry and a warm caress. It took Marc's writing to truly allow me to be in touch with what my wife was and continues to go through and that hey, it is ok if she is unable to be consoled right now. Because this shall pass and she needs to know you are there for her. I have read many books on this topic and wish I had read this one BEFORE beginning the journey of infertility. I highly recommend this book to any couple about to embark on this endeavor. I do however disagree with Marc on one thing though. He thinks that this book is written for guys. Indeed, I'm a guy and I loved it. But guess what, so did my WIFE! You know why? Marc was very much in touch with what we go through as men AS WELL as what the women go through in dealing with infertility and the effect it has on well almost everything in their lives. He was very sensitive to that and the love he has for his wife flowed

through his every word. As an MD who has delivered babies as a resident, I can tell you that every step of the fertility/infertility process can be complicated and difficult to understand. But thanks to his co-author, Dr. Gregory Rosen, all the technical and sometimes "gross" details of each step were broken down into terms any non-MD person can grasp and understand. This book was empowering to my wife and I on our own personal journey through IVF and I am sure that anyone going through it would be thankful to read a book on the subject delivered with not only heartfelt candor but also with a good dose of needed humor which could only be appreciated by those of us going through the same thing that Marc and his wife went through. Marc stated in the book that infertility can either bring a couple closer together or break them up. I totally agree. For me, it has brought my wife and I closer, and part of that had to do with reading this book and comparing our thoughts on what we read that day. And of course, her constantly giving me jazz because I am such a slow reader!! Sorry honey. Thank you Marc and good luck with your hard earned family. Doug

For anyone going through infertility, this book helps explain a lot. Not just for men but women too. It provides a comic relief to a hard time.

Still TRYING!! And with this work, I have a deeper understanding of my wife's dilemma. THANK YOU FOR THIS WORK!! It has SAVED my marriage.

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